

# PARNELL'S MENU

**PARNELL'S will be Operating with a Smaller than usual Menu due to a Gas Issue in our Building which is Limiting our Kitchen Production for now, hoping this will be rectified in a few weeks. Thank for Your Patience**

## SOUP & SALADS

**PARNELL'S SOUP OF THE DAY \$9**

**CAESAR SALAD/** *Garlic Crouton, Creamy Caesar Dressing* **\$13**

**SPICY CHICKEN COBB SALAD/** *Baby Greens, Bacon, Blue Cheese Crumble, Avocado, Tomato, Hard-Boiled Egg, House Dressing* **\$16**

**MIXED GREENS SALAD/** *Tomato, Onion, Cucumber, Shallot Vinaigrette* **\$10**

## SANDWICHES AND BURGER (SERVED WITH FRIES)

**CHICKEN SALAD/** *On Raisin Bread With Lettuce And Tomato* **\$13**

**CHARRED CHICKEN BREAST/** *On Focaccia Bread With Portobello Mushroom, Arugula, Tomato, Fresh Mozzarella And Pesto Mayo* **\$16**

**AVOCADO TOAST/** *on Sourdough Toast with Fried Eggs* **\$14**

**PARNELL'S CHEESEBURGER/** *On Sesame Roll With Choice Of Cheese With Garnish And Cajun Fries* **\$16**

**SLICED STEAK SANDWICH/** *With Caramelized Onions, Peppers, Melted Cheddar Cheese, Roasted Garlic, Aioli Toasted Ciabatta Bread With Spicy Fries* **\$18**

**OMELETTE OF THE DAY \$13**

**SHRIMP & VEGETABLE DUMPLINGS – STEAMED OR FRIED/** *With Scallion Soy Sauce And Mustard* **\$13**

**CHICKEN QUESADILLA/** *Grilled Chicken With Black Beans, Corn Salsa, Shredded Cheese, Flour Tortilla With Guacamole And Sour Cream* **\$16**

*Stop by or Call* **(212)753-1761**

# PARNELL'S ENTREES

**BEEF CHILI**/ *With Onions, Cheese And Tortilla Chips* **\$15**

**PAN SEARED CHICKEN BREAST**/ *With A Sherry Wine Mushroom Onion Gravy  
Over Sauteed Vegetables And Mashed Potatoes* **\$18**

**SEARED FILET OF SALMON** / *With Garlic Lemon Caper Sauce Over Wilted Greens  
And Potato Puree* **\$20**

**BLACK BEAN TACOS**/ *With Jalapeno Pico De Gallo, Avocado, Chipotle Aioli And  
Soft Corn Tortillas* **\$16**

**CHICKEN PASTA**/ *Grilled Chicken With Roasted Peppers, Spinach, Mushrooms, In  
A Grain Dijon Mustard Cream Sauce With A Parmesan Cheese Crust* **\$17**

**PARNELL'S POT ROAST**/ *Savory Thyme Gravy, Green Onion Mashed Potatoes  
And Seasonal Vegetables* **\$18**

**FISH AND CHIPS** /*Beer Battered Cod Filet With Jalapeno Coleslaw And Fries* **\$18**

**PARNELL'S JAMBAYLA**/ *With Penne, Sauteed Shrimp, Cajun Spicy Andouille  
Sausage, Peppers, Onions, Okra, Garlic, Tomato Sauce And Touch Of Cream And  
Shredded Cheese Crust* **\$20**

**PARNELL'S WINTER BEEF STEW**/ *Braised Beef With Root Vegetables, Cabernet  
Thyme Savory Gravy And Potatoes* **\$18**

**SHEPHERD'S PIE** /*Fresh Ground Beef, Root Vegetables, Sweet Peas, Natural Jus  
And a Potato Crust* **\$20**

**CHICKEN POT PIE**/ *roasted Chicken, Corn, Sweet Peas And Root Vegetables  
With a Flaky Pastry Crust* **\$20**

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# PARNELL'S BRUNCH

PARNELL'S will be Operating with a Smaller than usual Menu due to a Gas Issue in our Building which is Limiting our Kitchen Production for now, hoping this will be rectified in a few weeks.  
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## SOUP & SALADS

PARNELL'S SOUP OF THE DAY \$9

CAESAR SALAD/ *Garlic Crouton, Creamy Caesar Dressing* \$13

SPINACH CAPRESE SALAD/ *with Fresh Mozzarella Cheese, Sliced Tomato, Roasted Peppers and Balsamic Dressing* \$15

MIXED GREENS SALAD/ *Tomato, Onion, Cucumber, Shallot Vinaigrette* \$10

## SANDWICHES AND BURGER

(SERVED WITH FRIES)

CHICKEN SALAD/ *On Raisin Bread With Lettuce And Tomato* \$13

CHARRED CHICKEN BREAST/ *On Focaccia Bread With Portobello Mushroom, Arugula, Tomato, Fresh Mozzarella And Pesto Mayo* \$16

PARNELL'S CHEESEBURGER/ *On Sesame Roll With Choice Of Cheese With Garnish And Cajun Fries* \$16

BLACK BEAN TACOS/ *with Jalapeno Pico de Gallo, Avocado Chipotle Aioli, Soft Corn Tortillas served with Chorizo Rice Pilaf* \$20

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ALL BELOW SERVED WITH BREAKFAST POTATOES  
OR FRENCH FRIES

OMELETTE OF THE DAY - \$13

AVOCADO TOAST/ *on Sourdough Toast with Fried Eggs* \$14

FRENCH TOAST/ *with salted caramel whipped butter* \$17

SOUR CREAM PANCAKES/ *with salted caramel whipped butter* \$17

EGGS BENEDICT/ *Canadian bacon, poached egg, hollandaise sauce on toasted English muffin* \$17

SMOKED SALMON BENEDICT / *on a toasted English muffin* \$18

BREAKFAST WRAP/ *scrambled egg, smoked andouille sausage, cheese, onion, avocado and tomato* \$16

HAM **OR** STEAK AND EGGS/ *with grilled tomato* \$18

SLICED STEAK SANDWICH / *with caramelized onions, cheddar cheese, garlic aioli on toasted ciabatta bread with spicy fries* \$20

CORNED BEEF HASH / *with two eggs and style and charred tomato* \$18

BLT SANDWICH / *fried egg with bacon, lettuce, tomato, guacamole, chipotle mayo on sourdough bread* \$18

CRISPY WAFFLES / *with Irish sausage, fried egg and maple pecan butter* \$17

BEEF CHILI/ *with onions, cheese and tortilla chips* \$16