



# Parnell's

## All Day Menu

### SOUP & SALADS

- SOUP OF THE DAY**..... \$9<sup>00</sup>
- TOMATO BISQUE & GRILLED CHEESE SANDWICH**..... \$15<sup>00</sup>
- FRENCH ONION SOUP**  
*With Melted Swiss Cheese and Crouton*..... \$11<sup>00</sup>
- MIXED GREEN SALAD**  
*Tomato, Red Onion, Cucumber*..... \$12<sup>00</sup>
- CAESAR SALAD**  
*Crisp Romaine, Garlic Croutons, Creamy Caesar dressing*..... \$15<sup>00</sup>
- PARNELL'S RANCH SALAD**  
*Iceberg Lettuce, Tomatoes, Shaved Red Onion, Crisp Bacon, Ranch Dressing*..... \$16<sup>00</sup>
- CHILLED SESAME SEED CRUSTED TUNA SALAD**  
*Baby Greens, Pickled Onions, Shaved Carrot and Cucumber, tomato, Soy Vinaigrette*..... \$29<sup>00</sup>
- SPICY CHICKEN COBB**  
*Bacon, Blue Cheese Crumbles, Avocado, Hard Boiled Egg, Greens, Vinaigrette*..... \$22<sup>00</sup>
- GRILLED SALMON FILET**  
*Green Beans, Red Bliss Potato, Tomato, Hard Boiled Egg, Red Onion, Lemon Garlic Dressing*..... \$27<sup>00</sup>

### ADD SIDES

- Grilled Chicken Breast**..... \$9<sup>00</sup>
- Shrimp**..... \$14<sup>00</sup>
- Sliced Steak**..... \$14<sup>00</sup>
- Tuna**..... \$15<sup>00</sup>

### APPETIZERS

- SHRIMP & VEGGIE DUMPLINGS**  
*Steamed or Fried- Scallion Soy Sauce & Mustard*..... \$17<sup>00</sup>
- CHICKEN QUESADILLA**  
*Grilled Chicken, Black Beans, Corn, Salsa, Shredded Cheese, Flour Tortilla served with Guacamole and Sour Cream*..... \$18<sup>00</sup>
- CHICKEN FINGERS**  
*Honey Mustard & BBQ Sauce*..... \$15<sup>00</sup>

### BUFFALO WINGS

*Choice of Spicy Buffalo or Thai Chili served with Celery Sticks, Carrot, Blue Cheese Dressing*..... \$17<sup>00</sup>

### MUSSELS AND CLAMS

*Garlic Herb Broth, Crusty Baguette*..... \$18<sup>00</sup>

### OMELETTE OF THE DAY

*With French Fries and jalapeño coleslaw*  
\$18<sup>00</sup>

### SANDWICHES & BURGERS

*Served with fries*

### CHICKEN SALAD

*Raisin Bread, lettuce and tomato*..... \$17<sup>00</sup>

### CHARRED CHICKEN BREAST

*Focaccia Bread, Portobello Mushroom, Arugula, Fresh Mozzarella, Pesto Mayo*..... \$20<sup>00</sup>

### CRISPY BUTTERMILK CHICKEN

*Cherry Peppers, Spinach, Old Bay Aioli*..... \$19<sup>00</sup>

### AVOCADO TOAST

*2 Fried Eggs, Sour Dough*..... \$17<sup>00</sup>

### PARNELL'S CHEESE BURGER

*8oz Ground Sirloin Blend, choice of Cheese Served with lettuce, tomato Garnish*..... \$19<sup>00</sup>

**ADD:** Bacon, mushroom, avocado or fried egg..... \$3<sup>00</sup>

### SLICED STEAK SANDWICH

*Caramelized Onions, Peppers, Melted Cheddar Cheese, Roasted Garlic Aioli, Toasted Ciabatta, Spicy Fries*..... \$21<sup>00</sup>

### TUNA SALAD SANDWICH

*On Marble Bread with Lettuce and Tomato*..... \$16<sup>00</sup>

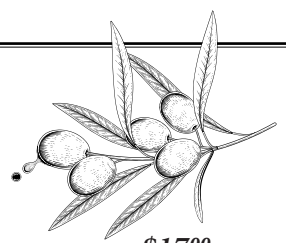
### MEDITERRANEAN CHICKEN GYRO

*Grilled Marinated Chicken Breast, Olives, Red Onion, Cucumber tossed in a Vidalia Onion Vinaigrette, Grilled Pita Bread, Tzatziki Sauce*..... \$18<sup>00</sup>

### SLOW BRAISED BRISKET OF BEEF SANDWICH

*Melted Cheddar Jack Cheese, Caramelized Onions, Served on Texas Toast, Coleslaw & Fries*..... \$19<sup>00</sup>

## ENTREES



### BEEF CHILI

*Onions, Shredded Cheese, Tortilla Chips.....* \$17<sup>00</sup>

### BLACK BEAN TACOS

*Jalapeno Pico de Gallo, Avocado, Chipotle Aioli, Soft Corn Tortilla's.....* \$18<sup>00</sup>

### PARNELL'S POT ROAST

*Green Onion Mashed Potatoes, Seasonal Vegetables, Savory Thyme & Onion Gravy.....* \$27<sup>00</sup>

### FISH & CHIPS

*Beer Battered Cod Filet, Jalapeno Coleslaw, Fries, Tartar Sauce.....* \$23<sup>00</sup>

### PARNELL'S JAMBALAYA

*Served over Rice or Pasta. Grilled chicken, Andouille Sausage, Shrimp, Okra, Peppers, Onions, Tomato, Cajun Spice with a touch of cream.....* \$26<sup>00</sup>

### SHEPHERDS PIE

*Fresh Ground Sirloin, Root Vegetables, Sweet Peas, Mashed Potato Crust, Gravy.....* \$23<sup>00</sup>

### PAN SEARED SALMON FILET

*Crispy Smashed Yukon Roast Potatoes, Garlic Spinach, Pernod Cream.....* \$35<sup>00</sup>

### GRILLED NY SIRLOIN

*Mashed Potatoes, Roast Vegetables, Onion Rings, Side of Pepper Corn Sauce.....* \$47<sup>00</sup>

### CHICKEN PASTA

*Rigatoni with Grilled Chicken, Artichoke Hearts, Sun Dried Tomato, Spinach, Pesto Cream Sauce, Shaved Parmesan Cheese.....* \$27<sup>00</sup>

### CHICKEN POT PIE

*Roast Chicken, Corn, Sweet Peas, Root Vegetables, Cream Sauce, Flaky Pastry Crust.....* \$23<sup>00</sup>

### GRILLED CENTER CUT PORK CHOPS

*With an Apple Cider Demi Glace, Mashed Roast Sweet Potato, and Green Beans.....* \$29<sup>00</sup>

### BROILED BONE OUT WHOLE TROUT

*With a Melted Lemon Herb Butter, Served with Baked Potato and A Medley of Fresh Vegetables.....* \$33<sup>00</sup>

### CHICKEN SALTIMBOCCA

*Sautéed Chicken Breasts Layered with Prosciutto and Melted Mozzarella Cheese, Sherry Brown Sauce, Roast Potatoes & Green Beans.....* \$29<sup>00</sup>

### CHICKEN HIBERNIA

*Stuffed Roast Airline Chicken Breast, Wild Mushrooms, Shallots, Herbs, Cheese & Spinach, Scallion Mashed Potatoes, Crispy Brussels Sprouts w/Bacon, Red Wine Pan Gravy.....* \$30<sup>00</sup>

### SIDES

Each \$10<sup>00</sup>

- Mashed Potato
- Roast Vegetables
- Garlic Spinach
- French Fries
- Rice Pilaf
- Mac N Cheese
- Spicy Old Bay Seasoned Fries
- Crispy Brussels Sprouts w/ Bacon
- Baked Potato
- Pasta
- Jalapeño Coleslaw



## DAILY FRESH BAKED IRISH SODA BREAD - \$15 A LOAF

*To ensure timely preparation, please place your order at least a day in advance  
For lunch time pick up.*